

COMPLIMENTARY
STARTER KIT
—
A PREVIEW OF THE FULL PLANNER



LTL GLOW RESET
SKINCARE PLANNER



YOUR FIRST STEP TO GLOW RESET

A 4-PAGE PREVIEW OF THE COMPLETE
LTL GLOW RESET SKINCARE PLANNER



SIMPLE SYSTEMS

Easy routines that
fit your life.



POWERFUL RESULTS

Targeted care that
delivers real change.



CONFIDENCE BOOST

Healthy skin that helps
you feel your best.



GLOW FOR LIFE

Sustainable habits for
beautiful skin long term.

“Your skin is with you every day.
Treat it well, and it will
reflect your best self. ❤️

PREVIEW
EDITION

SEE WHAT'S
INSIDE



90-DAY PLAN

Step-by-step
skincare roadmap



ACTIVE INGREDIENTS

What they are &
how they work



DAILY ROUTINES

Morning & night
care made simple



LIFESTYLE HABITS

Daily habits that
support your skin



VISIBLE RESULTS

Track progress &
celebrate your glow.



LOOK GOOD. TRAVEL FAR. LIVE WELL.





WELCOME TO

YOUR GLOW RESET JOURNEY



Your skin doesn't need perfection.
It needs **consistency**.

This Starter Kit introduces the simple principles behind the complete LTL Glow Reset Skincare Planner—a practical system designed to help you build healthier habits, understand your skin, and create lasting results one day at a time.



WHAT YOU'LL LEARN



UNDERSTANDING YOUR SKIN BARRIER
The foundation of healthy, glowing skin.



DAILY HABITS THAT MATTER
Small choices. Big results.



SIMPLE MORNING & EVENING ROUTINES
Your routine, your rhythm, your glow.



ACTIVE INGREDIENTS THAT ACTUALLY WORK
Know what helps—and what doesn't.



HOW TO BUILD HEALTHY SKINCARE HABITS
Consistency today for a better tomorrow.



“

*Healthy skin isn't
created by one
perfect routine.*

*It's created by
thousands of small
decisions repeated
consistently.*

”



The pages ahead introduce the foundation.
The complete Glow Reset Planner helps you build the routine.

YOUR GLOW. YOUR PLAN. YOUR FUTURE.





THE GLOW RESET APPROACH



Simple systems. Visible results.

Glow Reset is about consistency over complexity. It's not about more products or trending ingredients. It's about choosing what truly works for your skin and doing it consistently.

When your skin is supported daily with the right care, it becomes healthier, stronger, and more radiant over time.

Small steps. Every day. That's the glow reset way.



QUICK GUIDE

**PROTECT YOUR BARRIER**

A strong barrier is the foundation of healthy skin.

**KEEP IT SIMPLE**

A focused routine works better than a complicated one.

**HYDRATE & NOURISH**

Hydrated skin is calm, resilient, and naturally radiant.

**SUPPORT AT NIGHT**

Nighttime care helps your skin repair and renew.

**BE CONSISTENT**

Daily habits create long-term transformation.



THE FOUR PILLARS OF GLOW RESET

1

**PROTECT
YOUR SKIN**

Support your skin barrier and defend against daily stressors like UV, pollution, and dryness.

2

**NOURISH
DEEPLY**

Deliver hydration and essential nutrients that strengthen and balance your skin.

3

**RENEW &
REPAIR**

Encourage overnight recovery and cell renewal for smoother, more resilient skin.

4

**ELEVATE
YOUR GLOW**

Build healthy habits and mindful choices that create confidence and a lasting glow.

“

*You don't need the perfect routine.
You need the right routine—done consistently.*





YOU'VE TAKEN THE FIRST STEP

Your glow journey starts with you.



Thank you for downloading this Complimentary Starter Kit.

You now have a preview of the simple systems, daily habits, and skincare strategies that can help you achieve healthier, more radiant skin at any age.

The complete LTL Glow Reset Skincare Planner brings everything together in one easy-to-follow 90-day plan designed to help you stay consistent and see real results.

Your best skin is built one day at a time.

KEY TAKEAWAYS



PROTECT YOUR BARRIER

A strong barrier is the foundation of healthy, glowing skin.



CONSISTENCY IS KEY

Small daily habits create long-lasting change.



HYDRATE & NOURISH

Hydrated, nourished skin looks healthier, smoother, and brighter.



KEEP IT SIMPLE

Simple routines are easier to maintain—and more effective.



THIS IS JUST THE BEGINNING



The complete LTL Glow Reset Skincare Planner includes:

- ✓ 90-day skincare roadmap
- ✓ Detailed morning & evening routines
- ✓ Ingredient guides & product recommendations
- ✓ Habit trackers & reflection pages
- ✓ Expert tips for long-term results



READY TO TRANSFORM YOUR SKIN?
UNLOCK THE COMPLETE 90-DAY GLOW RESET PLAN.
More guidance. More tools. More glow.

GET THE FULL LTL GLOW RESET SKINCARE PLANNER

