

FLIGHT ATTENDANT GLOW ROUTINE



PREP & CLEANSE



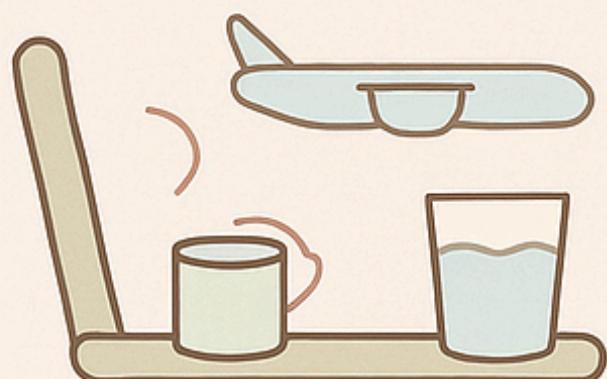
Remove makeup gently and refresh your skin with micellar water or cleansing oil before flying.

HYDRATE



Mist or pat toner in thin layers. Hydration works best when built gradually, not all at once.

BARRIER DEFENSE



Reapply mist or light eye cream every few hours, skip makeup touchups to let skin breathe.

POST-FLIGHT REPAIR



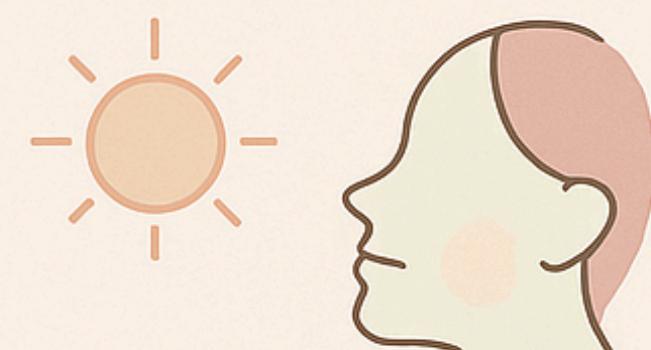
Use calming ampoules or a hydrating mask to reset your barrier after long flights or dry air.

POST-FLIGHT REPAIR



Use calming ampoules or a hydrating mask to reset your barrier after long flights or dry air

PROTECT & GLOW



Before stepping out, apply sunscreen and a glow essence to seal hydration and shield your glow.

PREP & CLEANSE – Start Fresh

- Gently remove makeup with cleansing oil or micellar water.
- Keep skin calm before layering hydration.

HYDRATE – Layer Light, Layer Often

- Mist or pat toner in thin layers.
- Light, repeated hydration keeps skin supple mid-flight.

BARRIER DEFENSE – Seal & Protect

- Apply ceramide ampoule and peptide cream to lock in moisture.
- This shield helps your skin resist dry cabin air.

IN-FLIGHT REFRESH – Hydrate Mid-Flight

- Spritz facial mist or tap eye cream every few hours.
- Skip makeup touchups—let your skin breathe and recover.

POST-FLIGHT REPAIR – Recover & Calm

- Use soothing ampoules or a hydrating mask after landing.
- Replenish your barrier and reset your glow.

PROTECT & GLOW – Finish Strong

- Apply sunscreen & glow essence before stepping out.
- Hydrate, shield, & let your natural radiance last all day.