

# WHAT IS RED LIGHT THERAPY FOR SKIN?



## Benefits



### Boosts Collagen

Supports firmer, smoother skin and helps soften fine lines.



### Calms Acne & Inflammation

Reduces redness, supports healing, and may cut down breakouts.



### Evens Skin Tone

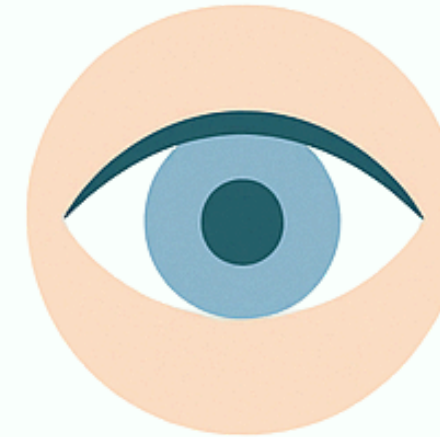
Promotes smoother, more balanced complexion.



### Supports Healing

Speeds recovery after procedures or minor skin damage

## Risk & Limitations



### Eye Strain Risk



### Temporary Irritation



### Not Suitable for All Conditions



### Long-Term Safety Uncertain



### Variable Effectiveness